



Specialist Rehabilitation Tailored to Individual Goals

Outcome-based rehabilitation underpinned by support and compassion.

At Askham Village Community we recognise that rehabilitation is a practice that must incorporate and support human values and compassion to be a success. Providing emotional and spiritual sustenance is as important to us as the outstanding physical and mental care each of our residents receive.

We understand that independent choice and expression of personality is a vital building block in the road to mental and physical rehabilitation. If you're re-learning to apply your own make-up, we ensure you make the decisions as to the colour and style. If you're working towards shaving again, the shape and style of your cut is entirely yours to choose.

Whether you require specialist input and neuro rehabilitation or re-enablement support, our

dedicated team of professionals will work with you to identify and articulate your goals. Crucially, they will then stay with you every step of the way towards the achievement of these aims.

Whether it's maintenance and stabilisation that you require, outpatient input or goal-focussed inpatient rehab, a bespoke package can be designed to meet your needs.

For residents with spinal cord or acquired brain injuries, we work in coordination with their neuro-/ physio-surgeon or specialist to ensure the best possible outcome.

If your goal is to move home, our therapists will remain by your side until the moment you reach your front door! And, if you choose, can even support you once home.





On-site Specialist Facilities

The on-site therapy centre features a gym and specialist hydrotherapy pool.

Our state-of-the-art gym is equipped with the latest kit including FES, tilt table, and an arm/ leg bike. The gym is open for use by day visitors, short term and long stay residents.

The hydrotherapy pool, kept at a constant temperature of around 34°C, allows for supported exercise and has been seen to have a significant impact on range of movement as well providing a wonderful stimulatory experience that can lift your mood.

Consulting and Training Rooms

We have numerous consulting rooms for private and/or group sessions, as well as a training room set up with utilities and a kitchen that has been fitted out for one-to-one occupational therapy.

In addition throughout Askham are a number of level access paths enabling free movement around the site in and out of the accommodation to the cafe or around the gardens.

There are a number of activity spaces or clubs such as cinema club or gardening club open to any resident who wishes to participate.



Multi-Disciplinary Team

Trained and skilled to implement the most appropriate rehabilitation programme for you.





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All residents at Askham Village Community have access to our on-site team of multi-disciplinary therapists (MDT). Working closely with your General Practitioner (GP) and/or your Assessment Teams, our MDT are able to design and implement the most appropriate rehabilitation programme for each resident.

Programmes will include Physiotherapy, Occupational Therapy, Speech and Language

Therapy, Hydrotherapy and Psychology, as well as specialist medical input from our Rehabilitation Consultant where needed.

We are extremely proud to be accredited by Headway, the brain injury association. As a member of the Headway Approved Provider scheme, our services have been assessed and verified to meet the highest of standards.





Driven from a Service User/Carer perspective the accreditation speaks to the evidence based practice we employ at Askham, together with sound governance and a focus on outcomes.

At Askham, all rehabilitation is based on a continuous dialogue between you, your relatives

or friends, your funders and our MDT. As you change, your goals and your input will change. We understand the effects this can have on recovery times and will always take this into account as we work together to achieve the best possible outcome.

“

To all members of the physiotherapy team, thank you so much for all your help. Without all the progress you have managed with me, I wouldn't be going home. When I first came to Askham, I couldn't move after having a stroke. I couldn't do much for myself, I could barely shave and clean my teeth. I've made a lot of progress and I'm pretty independent now. Thank you all.

”

Former resident at Askham Place





Askham Place

A purpose-built facility for young adults seeking to sustain independence through ongoing rehabilitation.

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Askham Place is no ordinary home. It's a unique place for young adults to live with as much independence and freedom as their condition allows. What makes Askham Place special is that it was built with input from some of the most important people – our intended residents! This has ensured that the facilities enhance quality of life for all, whether your stay is for respite, rehabilitation or for continuing/long-term care.

So, what's important to our Askham Place residents? They like to socialise, to learn, grow and above all, have fun! Everything from the large communal areas to the bright, airy and light spaces throughout are designed to encourage an inclusive and positive environment where everyone feels at home, not in a home.

“

The staff really made a difference to mum. She needed a bit of encouragement to keep going with her exercises and they really helped.

”

Askham Place family member





- 16 en-suite rooms
- Young, fun, modern environment
- Overhead tracking in every room
- Independent access to rooms
- Fully nurse-led care 24/7
- Wi-Fi connectivity throughout

Every room is en-suite and has independent access which helps to promote a sense of freedom and personal ownership of space – something that's especially important for our residents. We have overhead tracking in all rooms to improve mobility and make day-to-day life easier for everyone. All residents have access to our on-site multi-disciplinary team who offer a range of therapies including Physiotherapy, Occupational Therapy, Speech and Language Therapy, Hydrotherapy and Psychology.

We truly believe there's more to life than just basic needs and we also know that no two of our residents at Askham Place are the same. That's why we strive to make sure everyone's personal, social, emotional and spiritual needs are recognised, and then supported, to help people to reach their potential through an active and rewarding life.

Askham Grove

*A specially designed neuro-rehabilitation
facility for young people.*





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Askham Grove is a Level 2 Specialist Neuro Rehab Unit that has been specifically designed to assist our residents to live as independently as possible following traumatic injury or amputation.

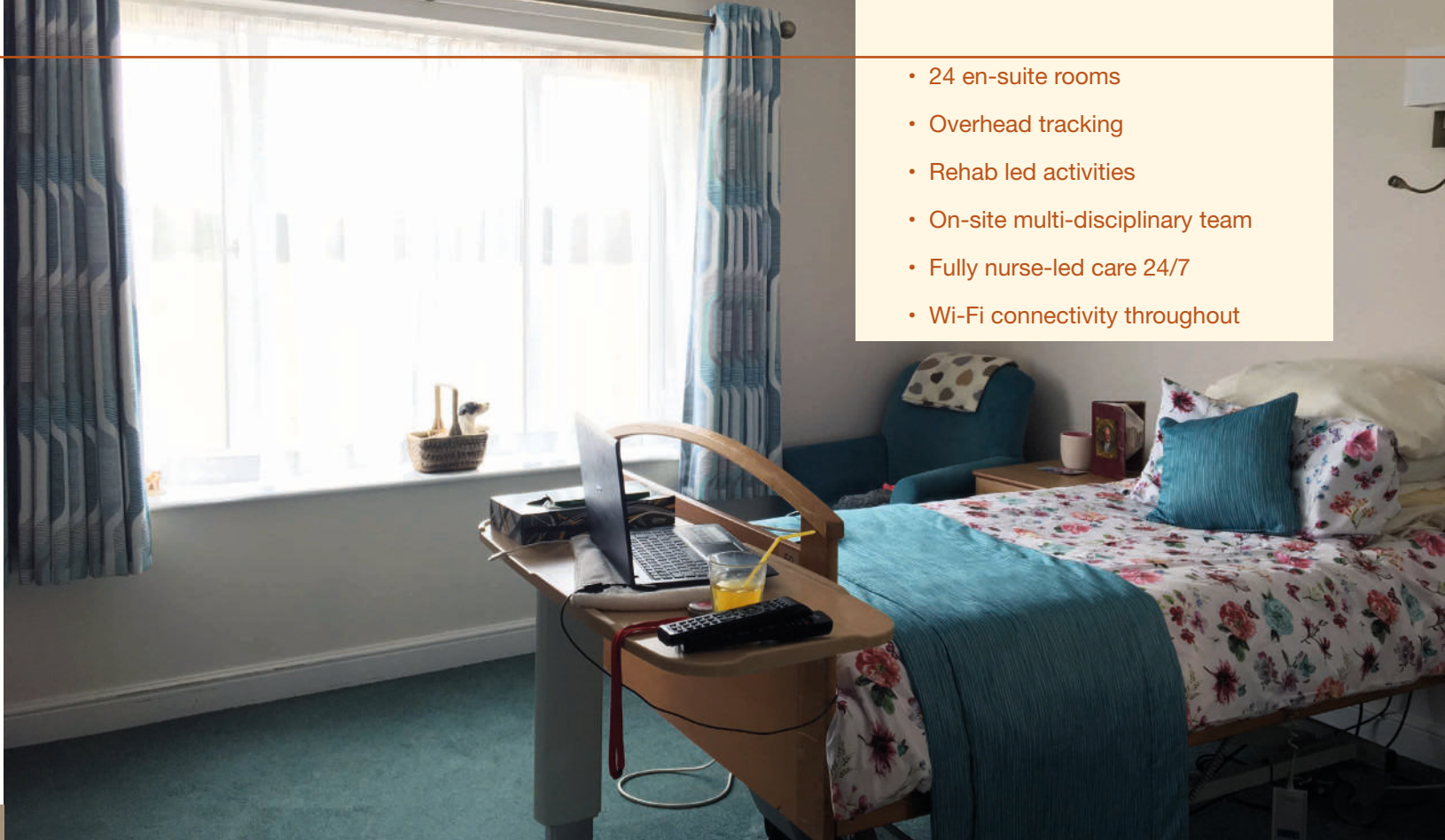
Designed to meet both intense, goal focused and slow-stream maintenance needs, Askham Grove welcomes people looking for a fixed term, bespoke rehabilitation programme, as well as people with long term neurological needs causing physical disability.

At Askham Grove, our residents work hard towards achieving their goals. This means different things for different people and so, we ensure the very best in personalised care to support their progress.

All rooms are en-suite and have overhead tracking to help support the independence and mobility of our residents. Private access to all rooms promotes a sense of independence which is essential for adults during a rehabilitation period.

Featuring extra-wide doorways and large open spaces throughout, the building is designed with our residents needs in mind. Right down to movable work spaces and induction hobs so that you can cook safely and with confidence. Multi-purpose rooms for group therapies encourage interaction and a spirit of community within the home.





- 24 en-suite rooms
- Overhead tracking
- Rehab led activities
- On-site multi-disciplinary team
- Fully nurse-led care 24/7
- Wi-Fi connectivity throughout

A full team of multi-disciplinary therapists are available on site to design and implement the most appropriate rehabilitation programme, including Physiotherapy, Occupational Therapy, Speech and Language Therapy, Hydrotherapy, Psychology, as well as specialist medical input.

Because your comfort and happiness is our priority, day visits and short stays are welcomed to help decide if Askham Grove is the place for you.

“

I couldn't believe it when I saw him after his first few weeks at Askham. A whole new person! Motivated and excited to keep re-learning how to look after himself again.

”

Resident friend





Askham Flats

Home away from home to prepare for independent living.

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In addition to our main facility, Askham Grove houses four, self-contained rehabilitation flats which are designed specifically for independent living. These flats are perfect for practising life-skills within a supported environment and provide an opportunity for residents to undertake a stepped transition back into independent living within the wider community. They provide the

ideal space for you to trial an independent living arrangement with the reassurance of knowing the Askham Grove care team are on hand if needed.

Each of the four flats are fully adjustable to suit individual needs with movable workspaces, turning spaces, laundry facilities and adjustable kitchens.





“

It took so long to find somewhere suitable for him to live, the flats were ideal to enable him to maintain independence.

”

Resident friend



Askham Court

A purpose-built home for young adults with long-term, complex neurological conditions.





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Askham Court is a Level 2 Specialist Neuro Rehab Unit, purpose-built, not just as a state-of-the-art neuro facility but as a dedicated, positive environment for adults who have complex needs but seek to maintain as much independence as possible.

All rooms are en-suite and have overhead tracking to help support the independence and mobility of our residents. Private access to all rooms promotes a sense of independence which is essential for adults during a rehabilitation period.

Featuring extra-wide doorways and large open spaces throughout, the building is designed with your needs in mind.

Because your comfort and happiness is our priority, day visits and short stays are welcomed to help decide if Askham Court is the place for you or your loved one.

We support those with highly complex physical disability needs, and/or complex cognitive and behavioural needs, all of our residents have access to our on-site multi-disciplinary team.





- 12 en-suite rooms
- Overhead tracking
- Accessible kitchen facilities
- Staff trained in complex cases
- Tracheostomy capable
- Fully nurse-led care 24/7
- Wi-Fi connectivity throughout

They offer a range of therapies including Physiotherapy, Occupational Therapy, Speech and Language Therapy, Hydrotherapy and Psychology.

Our specialist, experienced staff are trained to support people whose primary needs include tracheostomy/ventilation, complex spasticity, prolonged disorders of consciousness, and who require specialist medical and complex therapy

interventions. In addition, patients whose primary needs are for moderately severe cognitive and behavioural management are also welcome here at Askham Court.

Askham Court was awarded the prestigious 2012 Pinders National Design Award for Buildings for Young Adults with Physical Challenges and we are Headway accredited.



The value of accreditation goes beyond a competitive distinction from other service providers. It demonstrates commitment to continuous service improvement and ensuring a workforce trained and skilled in working with individuals with brain injury.

Headway: The Brain Injury Association

Ways To Pay For Your Care

Providing clarity and confidence in the cost of care.

Everything we do at Askham is underpinned by our ethos of kindness, trust and respect; including our approach to fees. This means we don't put a standard price on rehab. Instead, fees are set on a case-by-case basis.

A detailed pre-admission assessment determines your own personal costs of rehab. We are happy to discuss individual circumstances to help set expectations and explain exactly how each and every rehab package is structured.

We pride ourselves on being a fully inclusive care community; we welcome residents who are funded by:

- Private or personal contributions
- Social Services
- NHS (Continuing Healthcare, Complex Case Teams, and others)
- Joint contributions from any of the above.







What Are Your Next Steps?

Finding the right care is a decision that's made by the heart, as much as the head.

We know that finding the right care for yourself or a loved one is a decision that's made by the heart as much as the head. Do reach out to get a feel for whether you can see yourself or your loved one living a happy life at Askham Village Community.

Give us a call (01354 740269) or email us (info@askhamvillagecommunity.com): we're happy to answer any questions and talk about you or your loved one's specific needs.

Come and visit: our gardens, café and salon are open to the public so why not pop along and have a little look around? You can chat to the residents and experience a little bit of Askham Village life in your own time.

Arrange a guided tour: if you'd like to look round in more detail, we'd be happy to arrange for one of our nurses to show you around our homes and specialist facilities.



*Askham Village Community is more than a rehabilitation centre.
It's a vibrant, social and caring community. We'd love you to be a part of it with us.*

