



Life at Askham Village Community

At Askham, you will find a peaceful environment, a range of excellent facilities and an array of specialist care and rehabilitation services.



Askham Village Community

It means feeling safe and secure with a sense of independence and being at home.

We pride ourselves on enabling our residents to live the most rewarding and fulfilled life possible, whatever their age, mental or physical conditions. This means so much more than just providing the very best in consultant-led rehab or nursing-led care throughout each of our homes.

It means making friends, socialising and receiving visitors. It means having outdoor spaces and leisure facilities. It means feeling safe and secure with a sense of independence and being at home. It means being a community.

Set in seven stunning acres in rural Cambridgeshire, Askham Village Community is a group of five specialist care homes with on-site services and amenities that are designed to make the whole place feel like a small, friendly village in which to live.

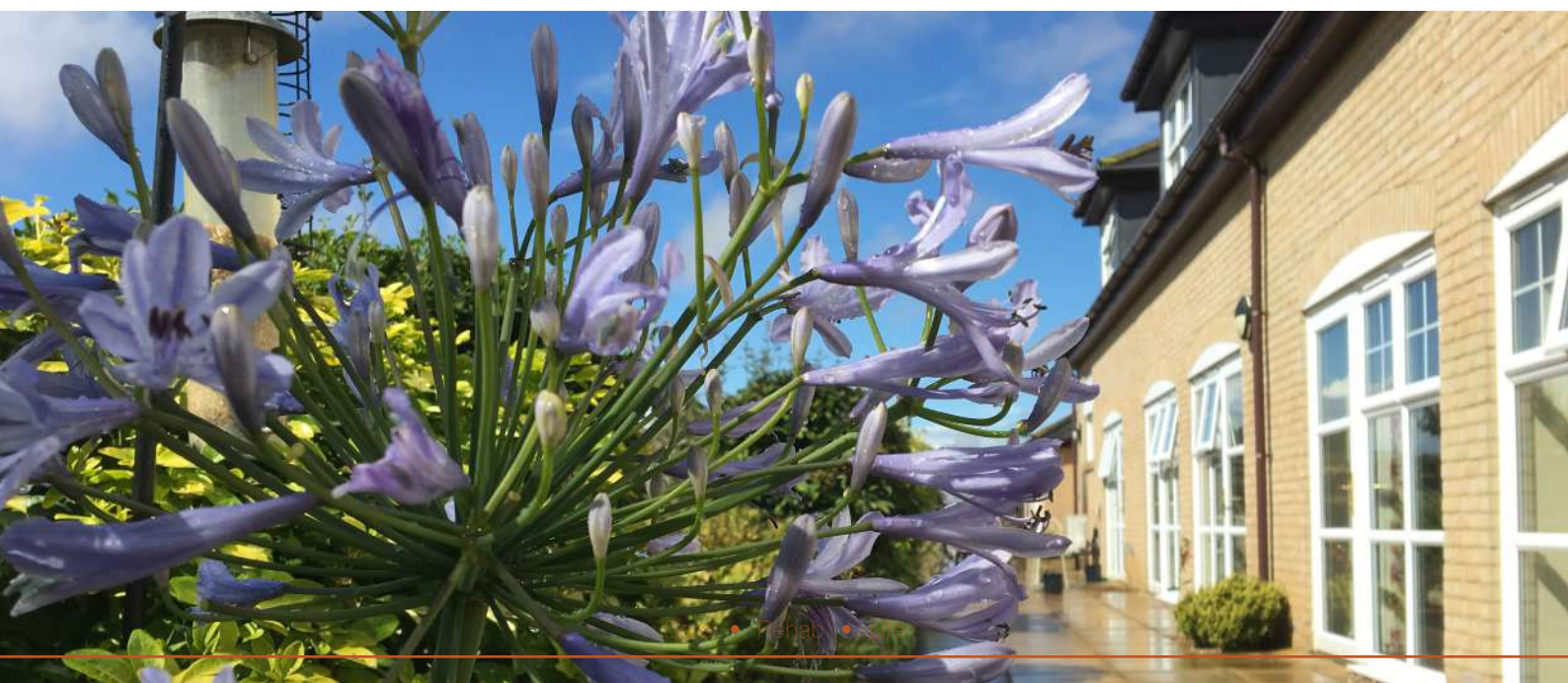
Facilities include a café, shop, beautiful landscaped gardens, a state-of the-art physiotherapy gym and a hydrotherapy pool.





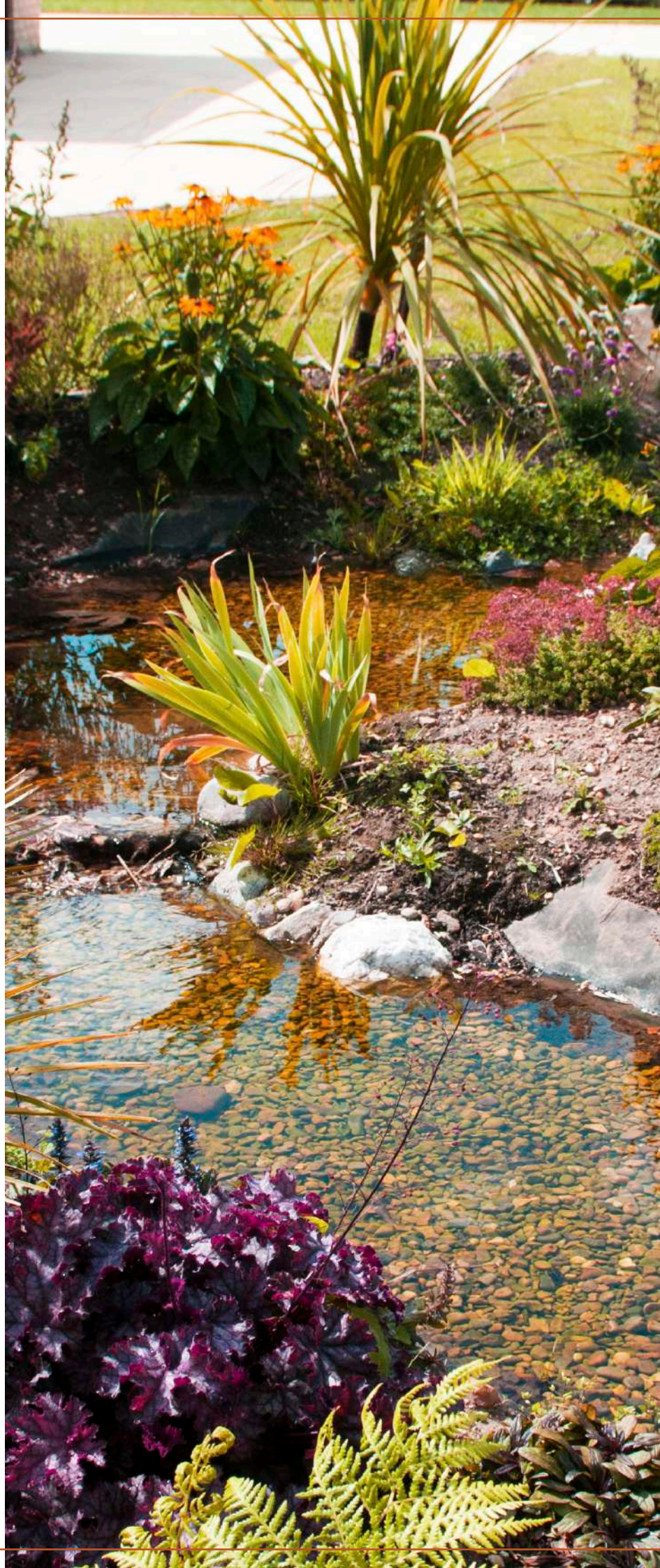
Our teams of highly-trained and experienced staff provide round the clock care for people with long-term neurological needs as well as offering leading neurorehabilitation for spinal cord and acquired brain injury and supporting independent living within our village community. We also have specialist spaces for those with Dementia or those who are elderly and simply need additional support to ensure the best quality of life.

What makes Askham different is having all of these specialisms and facilities in one place. And so, if like many of our residents, you love life at Askham, there is no need to leave as your requirements change or your condition develops. You can call Askham your home for as long or as short as you wish.



Askham Gardens

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more than the body, we must also care for
the mind, heart and soul.*





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Gardens are the heart of our community. We know and understand that access to nature is vital for mental and physical wellbeing, each of our specialist care homes overlooks our World Gardens. Nature is so good for us – it can help to ease away tension, calm a busy mind and soothe the soul. Sights, sounds and smells in the garden can trigger happy memories and remind us of wonderful experiences.

Stop: listen to the sound of leaves gently rustling in the breeze or catch the scent of Jasmine drifting on the air. Close your eyes and hear the gentle hum of insects or watch for flashes of colour as butterflies' flutter amongst the flowers. Whether you want to relax and unwind by yourself or enjoy the company of family and friends, the gardens are central to life at Askham.

The gardens are open to the public as well as all members of the Askham community – visitors are drawn by the glorious array of flowers and plants and the sheer tranquillity of the space.

Whilst enjoying the World Gardens, visitors often meet and chat to our residents. Just one of the many ways we encourage integration with the wider community.

As well as access to the outdoor space and a personal garden plot, every room has a large, landscape window by the bed which looks out over beautiful scenery. So, no matter the weather or the time of year, you can watch as the seasons bring subtle changes in colour, texture and wildlife.









On-Site Facilities

Maintaining a sense of dignity and independence through a rewarding village lifestyle.

Café



Our café is the perfect place to meet your family and friends at Askham for a relaxed chat. You can take your visitors 'out' for a bite to eat or a coffee. Or maybe you just fancy a change of scenery every now and then. One thing's for sure, there'll always be someone to offer a kind word and a smile (not to mention some delicious food!). And because it's open to the public too, you might meet some new friendly faces to say hello to as well!

In Spring, Summer and Autumn, the café is extended into the sheltered courtyard where residents, staff and visitors can often be found basking in the warmth of the sun, enjoy the litany of colours in the gardens.

Salon



A little bit of pampering can do you the world of good. With treatments for men and women, our salon offers the perfect place for some relaxation or a little bit of a boost! Treatments are also available in the comfort of your own room.

We understand that independent choice and expression of personality is a vital building block in the road to mental and physical rehabilitation and care. If you're learning or re-learning to apply your own make-up, we ensure you make the decisions as to the colour and style. If you're working towards shaving again, the shape and style of your cut is entirely yours to choose.

Accessible Kitchen Facilities



As a community, social engagement with staff and residents is a priority and is intrinsically linked to the wellbeing all. The use of a personalised and dedicated kitchenette allows staff and some residents to provide for themselves and is just one of the ways we work and live together with mutual respect.

Our residents work towards achieving their goals. This means different things for different people and so, we ensure the very best in personalised care to support their progress. For most, independence is essential to feeling a sense of self. That is why in some parts of Askham an accessible kitchen is available. Your independence starts from achieving for yourself.

Activities and Events



We truly believe there's more to life than just basic needs and we also know that no two of our residents at Askham are the same. That's why we strive to make sure everyone's personal, social, emotional and spiritual needs are recognised, and then supported, to help people to reach their potential through an active, relaxing and rewarding life.

All residents can suggest or contribute to the busy activities calendar or support the activities team with organising musical events, summer socials and Christmas fayres for all to ensure.

Our Staff

Living the Askham values and delivering services professionally, and with a warm smile.







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The staff really made a difference to mum. She needed a bit of encouragement to keep going with her exercises and they really helped.

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Resident family member

Our Staff

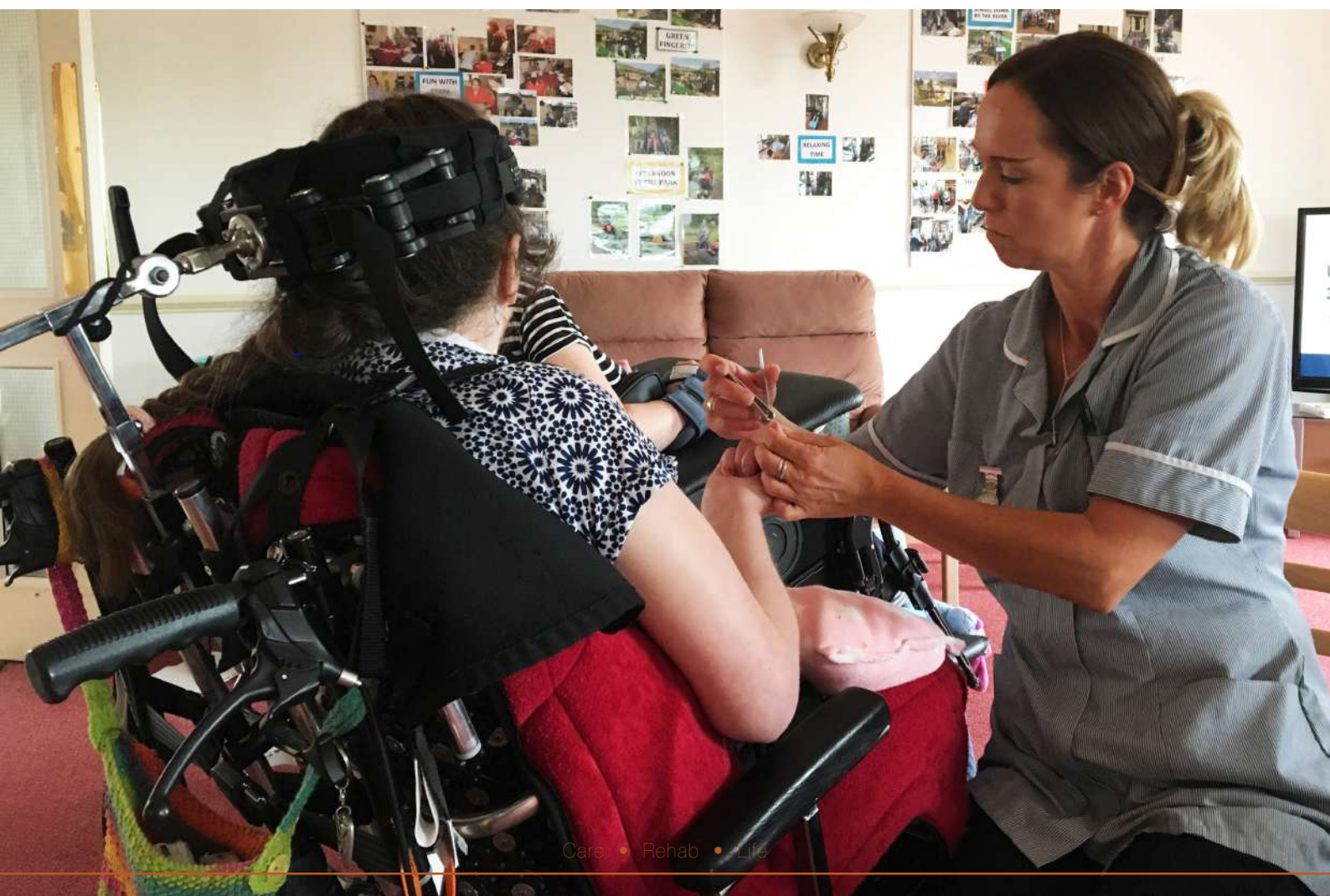
Living the Askham values and delivering services professionally, and with a warm smile.

Over 150 care staff make up the team at Askham Village Community. Each and every one of them believe in our culture, our values and share our passion for delivering the very best care with a warm, friendly smile. Our conscientious staff provide round the clock care for our residents and understand that everyone staying with us has a unique set of needs and preferences.

The Heads of our Departments ensure Askham Village Community meets and exceeds expectations of all who come through it. Their responsibility includes ensuring that Askham is not only compliant but also comfortable. The Lead Nurses in each Home look after the day to day running of the Home, primarily meeting the care needs of all residents. And our Multi-Disciplinary Team are specialist neuro experts, working closely with any residents who have set themselves clear rehabilitation goals.

As much as we value the health and wellbeing of our residents, it's just as important to us that our staff are happy, feel respected and valued. Because only then can great care and support be delivered. We're proud to have held our 'Investors in People' accreditation for over 15 years; a testament to the strong culture of inclusion and community here at Askham Village.

Askham also has a specially built training centre for our care workers. We're committed to developing their skills and enabling people to progress in their career. Six studio apartments on site are free for staff to use for comfort and convenience. The result is that Askham Village Community is not just a centre of excellence for care and a wonderful place to live - it's a great place to work too!





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I left Askham to explore other places to work and came back as soon as I realised that I will never find an employer as supportive and nurturing. I am part of the community.

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Askham truly is a community experience. Everyone is so friendly and helpful. It was a great experience starting and having so many friendly faces.

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Family Values At The Heart Of The Community

Building a community based on social conscience, kindness and generosity.

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Askham Village Community is still lovingly and passionately run today by the family who founded it over 30 years ago.

Started by Mr and Mrs Giga in the eighties, Askham has been built on the family values of

social conscience, kindness and generosity. Since they were children, Mr and Mrs Giga's daughters, Aliyyah and Rabiyyah, have been an active part of the Askham community. Aliyyah now looks after the operations of the organisation.

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We've been part of the community at Askham since we were children; we even used to spend Christmas here. As we got older, we knew we wanted to take the place forward as a family. Askham speaks of our values and we all take a lot of pride in how things have evolved. I've stayed here many a time to experience the homes from a resident's perspective and I've done shifts with the carers to really understand what it means to live and work here. It's just how it should be – an extension of our family.

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Aliyyah-Begum Nasser, Director



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We run Askham Village Community as a social business. It is not profit maximising, instead, our family is committed to delivering excellence in advanced care and rehabilitation in a warm, friendly environment. Askham Village is a community in every sense of the word; it's a place we would (and do!) happily live ourselves.

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Aliyyah-Begum Nasser, Director





What Are Your Next Steps?

We know that finding the right place for yourself or a loved one is a decision that's made by the heart as much as the head. Do reach out to get a feel for whether you can see yourself or your loved one living a happy life at Askham Village Community.

Give us a call (01354 740269) or email us (info@askhamvillagecommunity.com): we're happy to answer any questions and talk about you or your loved one's specific needs.

Come and visit: our gardens, café and salon are open to the public so why not pop along and have a little look around? You can chat to the residents and experience a little bit of Askham Village life in your own time.

Arrange a guided tour: if you'd like to look round in more detail, we'd be happy to arrange for one of our nurses to show you around our homes and specialist facilities.



*Askham Village Community is more than a care home, more than a rehabilitation centre.
It's a vibrant, social and caring community. We'd love you to be a part of it with us.*



@askhamvillagecommunity



@askham.rehab



@askhamvillage